

SUPPLEMENT.

We are permitted to publish the following names of patients under treatment or cured by Dr. WARNER. Persons not acquainted with the Doctor, who may contemplate applying to him for medical advice, are referred to these or any other of his patients in regard to his practice:

Miss Jennie Maxwell, Elmira, N. Y., cured of Deafness and Discharges from the Ears.
 Mrs. Sophia Rowlee, Wellsville, N. Y., cured of Ulceration of Throat and Stomach.
 R. H. Chamberlain, conductor Erie R. R., Port Jervis, cured of Catarrh.
 D. K. Belknap, Deposit, N. Y., cured of Piles, 8 years' standing.
 Daughter of Philip Alexander, Deposit, N. Y., cured of St. Vitus' Dance, 6 months standing.
 Gilbert Conerow, Deposit, N. Y., cured of Catarrh.
 O. M. Hughson, Norwich, N. Y., cured of Catarrh and Noises in the Ears.
 Miss Seyvil, of Union, N. Y., cured of Diarrhea of 11 years' standing.
 A. A. Dayton, Binghamton, N. Y., cured of Palpitation of the Heart.
 Mrs. F. Hooper, Binghamton, N. Y., cured of Catarrh.
 Miss Lockey Warner, Union, N. Y., swelled Neck.
 Addie Goldsmith, Vanettenville, N. Y., cured of Catarrh.
 D. M. Carter, Green, N. Y., cured of Catarrh.
 Mr. Norman Lounsburg, Elmira, N. Y., cured of Catarrh.
 F. C. Gardner, Oneonta, N. Y., cured of Catarrh.
 Miss Nina A. Halsey, Groton, N. Y., cured of Dropsy and General Debility.
 Mrs. A. P. Hale, Moravia, N. Y., cured of Catarrh.
 A. Thomas, Cuba, N. Y., cured of Hemorrhage from the Lungs.
 Jennie Robinson, Starrucca, Pa., cured of Tape Worm, 9 years' standing.
 Gilbert L. Payne, Gibson, Pa., cured of Deafness and Noises in the Ears.
 Daughter of Cyrus C. Corby, Great Bend, removed Tape Worm 35 feet long.
 Miss J. W. Hemingway, Great Bend, Pa., straightened Cross Eyes.
 Miss Alice Babcock, Montrose, Pa., straightened Cross Eyes.
 Mrs. W. A. McCracken, Montrose, Pa., cured of Sore Eyes.
 Mr. M. T. Brown, Binghamton, N. Y., cured of Discharges from the Ear and Deafness.
 Walter Hyde, Groton, N. Y., cured of Catarrh and Deafness.
 Son of Sally Ann Conklin, Pottersville, Pa., cured of Blindness, of 10 years' standing by operation for Cataract.
 J. S. Seeley, Rome, N. Y., cured of Granular Lids.
 Miss Libbie Upson, Pottersville, Pa., cured of Granular Lids, 12 years' standing.
 Daniel W. Evans, LeRoyville, Pa., cured of Deafness of 17 years' standing.

Surgical Operations.

Dr. Warner's extended practice has brought under his care a greater number of Surgical Operations than that of almost any other Surgeon in America—many of them of the most difficult character, such as

Straightening Cross Eyes and Club Feet, removing Catarracts, Cancers, Tumors, Wens, Enlarged Tonsils, Polypus, Operations of Ovarian Tumors, Aneurism, Stone in the Bladder, Varicose or Enlarged Veins, Cleft Palate, Cataract, Diseased Bones, Piles, &c.

In Surgical Operations, productive of pain, Dr. Warner usually administers Sulphuric Ether, and operates while the patient is in a state of profound sleep and perfect insensibility. Dr. Warner has had extensive experience in administering Ether for surgical purposes, and has never had the least accident result from its use. All operations entrusted to his care will be performed upon the latest and most approved scientific principles practiced by the most distinguished Surgeons.

IMPURE AND UNRELIABLE MEDICINES.

All the medicines used by Dr. Warner are prepared under his immediate supervision, and are of known purity. He is compelled to adopt this method because of the general adulteration of medicines kept in the Apothecary shops, in order to protect his own profane reputation, and to insure success in the treatment of disease.

Dr. Warner,

(Of New York University.)

PRACTICING PHYSICIAN AND SURGEON AND LECTURER UPON PHYSIOLOGY AND THE LAWS OF HEALTH, may be consulted each day as follows:—

MONTROSE, Tarbell House, Tuesday and Wednesday, Dec. 20th and 21st.

BINGHAMTON, American Hotel, Thursday, Dec. 22d.

ELMIRA, Rathbun House, Friday and Saturday, Dec. 23d and 24th.

JAMESTOWN, Jamestown House, Monday and Tuesday, Dec. 26th and 27th.

CUBA, Cuba House, Wednesday, Dec. 28th.

GREENE, Chenango House, Saturday, Dec. 31st.

BURLINGTON, VT., American Hotel, Tuesday and Wednesday, Jan. 3d and 4th.

MIDDLEBURY, VT., Addison House, Thursday and Friday, Jan. 5th and 6th.

Where to Find Us.

We visit our office regularly once in three months. Our time is all employed and we stay in a place only on the days advertised. Remember the time and call as early in the day as convenient, as our rooms are usually the most crowded in the afternoon. Do not come in the evening, as many times we are obliged to leave early in the evening to meet an appointment for the next day.

Persons who cannot call upon us may consult us by letter, being particular to give all the symptoms of the disease. Address,

DR. WARNER,
Box 615, Cortland, N. Y.

Send in your Names.

We send our paper regularly, free of charge, to all persons who send us their name and address. We have already a very large subscription list, and we are willing to make it much larger, provided we can feel assured that our paper goes into the hands of those who will read and prize it. We believe that nothing will do more to secure the health, prosperity and happiness of this nation than the diffusion of correct information upon the subject of health and disease, and we hope by the publication of this little sheet to contribute a share towards this result. We have this time sent the paper to quite a number who have not yet sent in their names, but to secure the paper regularly in the future you should send in your names before the next issue. When you send your own name send also the name of any friends that you feel sure will prize the paper. Address,

DR. WARNER,
Box 615, Cortland, N. Y.

Swelled Neck or Goitre

Is an enlargement of the Thyroid gland in the neck. It is a disease peculiar to women, and seems to be caused by certain peculiarities of climate and constitution. It is not an indication of Scrofula, as many people suppose.

In some localities in Switzerland nearly one-half the inhabitants—men as well as women—suffer from Goitre. It is sometimes cured by simply a change of climate, but this is seldom necessary, as the swelling is readily removed by the use of appropriate constitutional and local remedies. The treatment gives rise to no sickness or inconvenience, and does not effect the constitution or injure the general health.

The New York Star has this illustration:—"Jane give the baby some laudanum and put it to sleep, and then bring me my parasol; I am going to a meeting for the education of mothers in the care of young children." "Yes, mum." "Average weekly death rate in New York City, 630; of children under five years of age, 400. That's so, Scrofula."

The following thrilling verses by an English poet, well illustrates scenes which for the past four months have been of daily occurrence in France:—

"Patience, O comrades, the time will come
 When the signal gun shall flash,
 And the blare of bugle and roll of drum
 Shall join with the rifle's crash.
 Then the ranks of the foe shall be crushed and riven,
 They shall scatter before us like clouds storm-driven;
 But steady now, till the word is given,
 Then go with a flash.

He is not brave who is only brave
 In the fervor of the fight;
 The truest courage is sober and grave,
 And steadfast in its might.
 'T is waiting and watching tries us most,
 When terrible silence is over the host—
 Keep steady, and each man at his post
 Close up,—that's right.

But a little longer—'T is deadly still—
 Will the signal never come?
 Now—ready—blow, trumpeter, blow with a will,
 Beat, drummer, upon your drum.
 Our waiting is over,—there booms the gun;
 Look to your rifles,—stand steady each one.
 Now, forward, O comrades mine, with a run;
 Hurrah! strike home!"

The Organs of Respiration.

The throat, wind pipe and bronchial tubes are all lined with a delicate, pink colored mucous membrane, the same as that which lines the nose and mouth. If that part of the membrane lining the back part of the throat becomes inflamed it causes *sore throat* accompanied by dryness and tickling in the throat with a desire to cough, hoarseness, and loss of voice.

When the inflammation extends down the wind pipe and bronchial tubes it produces *bronchitis* accompanied by tightness across the chest, pain in the lungs and a cough with expectoration of frothy mucus or yellowish matter.

Asthma is a spasmodic contraction of the minute tubes leading to the air cells, so that the air is confined in the cells, producing fullness of the chest and difficult breathing.

For the treatment of all these diseases of the air passages, there is nothing which insures such speedy relief as the use of appropriate healing Balsams, or medicated air, breathed directly into the tubes and into the lungs by means of a suitable Inhaler.

The great advantage of this treatment must at once suggest itself to every person. Medicines which are taken into the stomach must first pass through the blood before reaching the bronchial tubes or lungs, and thus undergo important changes which, in a great measure, destroy their curative virtues. When the remedy is applied directly to the seat of the disease, the effect is immediate and the action of the remedy much more certain than when applied in any other way. It often cures cough, tickling in the throat, and hoarseness by a single application. Asthma can be instantly relieved by this means, and in many cases permanently cured. It seems strange that medicine should have been introduced into the stomach for the cure of diseases of the lungs, when it can be applied so readily and with far more powerful effects, directly to the lining surface of the lungs themselves as seen in the inhalation of Ether and Chloroform. By this treatment the organs of digestion are not impaired by mixing with our food Opium, Tartar Emetic, &c., in the form of various cough balsams and expectorants.

The Liver.

The Liver is the largest organ of the body, weighing from four to five pounds. It is constantly forming bile from the blood which passes into the gall bladder, and afterwards into the intestinal canal to assist in digestion. When the Liver becomes enlarged, congested and inflamed, it will cause pain in the right side and shoulder with a feeling of weight and soreness over the lower ribs of the right side, constipation, dark sallow skin, muddy complexion, yellow tinge of the whites of the eyes, and brownish furred tongue. Diseases of the Liver are generally produced by sedentary habits and want of exercise, exposure to great heat in tropical climates, imprudence in eating and drinking, &c. These diseases of the liver may generally be cured by carefully regulating the diet, and the use of suitable alterative tonics.

In treating all diseases of the stomach and liver, it is necessary to prescribe the diet, exercise and manner of living as well as the medicine appropriated to such cases.